



# GIPPSLAND GOODWILL GAMES



See pages 9 and 10 for a report and photos of the Inaugural Goodwill Games held last week. Thanks and Congratulations to Ally for all of her hard work in ensuring the days success.....

Warragul & District Specialist School Newsletter  
Term 3 Issue 18, Tuesday 30th July 2024

## DATES TO REMEMBER

### AUGUST

Tuesday 6th

• Live4Life Crew Day Arts Centre

Mon 19th - Fri 23rd

• Book Week

Last Tuesday a large group of Senior school students travelled off to Lardner Park to participate in the annual Job Skills Expo. Over 3000 local students and young people from Baw Baw and the Gippsland area attended where they explored their future career pathway opportunities within the Baw Baw Shire and other industry areas in Gippsland.

The expo is always a fantastic opportunity for students to make links in our local community, generate new interests and think about their future career prospects. Thank you to the Baw Baw Latrobe & South Gippsland Bass Coast Local Learning & Employment Network (LLEN) for their ongoing support and organisation of this fantastic day.

Last Wednesday groups of students from the Senior school attended the Gippsland Goodwill Games in Newborough for the inaugural Gippsland special school's netball tournament. A big thank you to Ally our P.E Coordinator and Senior school teacher for organising the event. Students were great role models whilst out of the school, demonstrating our school values, positivity and team spirit throughout the day. Well done to everyone involved.

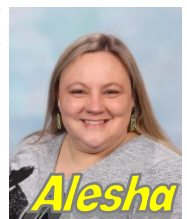
This term you will be contacted by your child's teacher to arrange a Student Support Group (SSG) meeting for Term 3, if they have not done so already.

At this meeting you will have an opportunity to review how your child is progressing towards achieving their goals. Your child's teacher will be in contact over the coming weeks to organise a meeting time for Term 3 if you have not already had an SSG this term. We look forward to seeing you.

The weather is still very chilly! Keep sending in those extra layers of clothing but please ensure all student property is well labelled with their name. Many students have the same items (including sizes in a class) so labelling items gives the best chance of them being returned as soon as possible if they become misplaced.

Hopefully we will be seeing a few sunny but also warmer days ahead soon.

Have a great week!



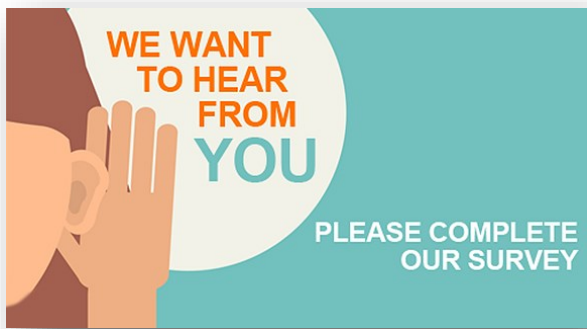
Alesha

#### Our Commitment to Child Safety

Warragul & District Specialist School is committed to safety and wellbeing of all children and young people. This will be the primary focus of our care and decision-making. Warragul & District Specialist School has zero tolerance for child abuse.

Warragul & District Specialist School is committed to providing a child safe environment where children and young people are safe and feel safe, and their voices are heard about decisions that affect their lives. Particular attention will be paid to the safety of children with a disability as well the cultural safety of Aboriginal children and children from culturally and/or linguistically diverse backgrounds.

Every person involved in Warragul & District Specialist School has a responsibility to understand the important and specific role he/she plays individually and collectively to ensure that the wellbeing and safety of all children and young people is at the forefront of all they do and every decision they make.



## 2024 Parent / Caregiver / Guardian Opinion Survey

Dear Parent / Carer

Families will be asked to participate in the 2024 Parent / Caregiver / Guardian Opinion Survey. This randomly selected survey will be emailed out to selected families this week. The Department of Education has contracted ORIMA Research (ORIMA) to conduct the survey. ORIMA is Australia's leading provider of end-to-end research and data analytics services to the public and not-for-profit sector.

Each year the school conducts an opinion survey with the school community.

A random sample of approximately 75 per cent of parents / caregivers / guardians will be selected to participate in this year's survey.

Results will be used to inform and direct our future school planning and improvement.

I ask you to please take the time to complete the survey as your opinions are important to us and will contribute to the future management and organisation of our school. The department will use the results from the survey for research purposes and to improve outcomes for students.

- The survey will be conducted online and only takes 20 minutes to complete.
- The survey can be completed on any internet enabled device (desktop computer, laptop, tablet or smartphone) and is compatible with most browsers.
- The survey will be open from Monday 29th July August to Friday 30th August 2024.

The survey is available in English and 10 other languages including Arabic, Greek, Hakha Chin, Hindi, Japanese, Punjabi, Simplified Chinese, Somali, Turkish, and Vietnamese.

Please be assured that your responses will be completely confidential. The survey is conducted anonymously, and it is important to us that if you receive the survey to complete it as soon as possible.

Questions?

Please do not hesitate to contact the school if you have any general queries about the survey. For specific technical or participation-related queries, you may also contact the department or the supplier administering the survey, ORIMA Research.

Should you have any technical queries regarding the Parent / Caregiver / Guardian Opinion Survey, please do not hesitate to contact ORIMA Research on 1800 654 585 (toll-free during business hours), or by email: [pos@orima.com](mailto:pos@orima.com).

Should you have any participation or survey-related queries, please contact the school, or the department by email: [school.surveys@education.vic.gov.au](mailto:school.surveys@education.vic.gov.au).

The department and ORIMA protect your responses in accordance with the *Privacy and Data Protection Act 2014* (Vic), the *Health Records Act 2001* (Vic) and the *Public Records Act 1973* (Vic). For more information, please visit ORIMA's [Privacy Policy](#), and the department's [Schools' Privacy Policy](#).

Yours sincerely,  
Matthew Hyde  
Principal



Education  
and Training

**Gastroenteritis (gastro) is a bowel infection that causes diarrhoea (runny, watery poo) and sometimes vomiting. The vomiting may settle quickly, but the diarrhoea can last up to 10 days.**

Gastro can be caused by many different germs, although the most common cause of gastro is a viral infection. Most children do not need to take any medicine for gastro; however, it is important that they drink plenty of water to avoid becoming dehydrated.

**Gastro is spread easily! Especially in a school setting.**

Signs and symptoms of gastro -

- ☹️ feel unwell, and not want to eat or drink
- ☹️ vomit in the first 24 to 48 hours (usually before diarrhoea begins)
- ☹️ have diarrhoea, which can last up to 10 days
- ☹️ have some stomach pain
- ☹️ have a fever



### **Care at home**

The main treatment is to keep your child drinking fluids often such as water or oral rehydration solution. It is very important to replace the fluids lost due to the vomiting and diarrhoea.

Gastrolyte, HYDRALyte and Pedialyte are different types of oral rehydration fluid that can be used to replace fluids and body salts. These are the best option if your child is dehydrated. They are also available as icy poles and jelly which children are often happy to have. (these are available at Coles/Woolworths/Chemist)

If your child refuses water or oral rehydration fluids, try diluted apple juice – at least half/half. **Do not give drinks that are high in sugar (e.g. flat lemonade or sports drinks), because they can make dehydration worse.** Give small amounts of fluid often – give a few mouthfuls every 15 minutes for all children with diarrhoea or vomiting. This is especially important if your child is vomiting a lot.

Your child may refuse food when they first get gastro. This is not a problem as long as they are drinking fluids. **Do not give your child over-the-counter medicines that reduce vomiting and diarrhoea, as the medicines may be harmful for children.**

Children with gastro are HIGHLY infectious, so wash your hands thoroughly after contact with your child. Keep your child away from other children/school as much as possible until the diarrhoea has stopped. Feel free to ring school nurse to clarify attendance back at school.

**Any child with gastro should see a Doctor/Nurse practitioner if they:**

- are vomiting and have diarrhoea, and are not drinking
- have a lot of diarrhoea (eight to 10 watery poos, or two or three large poos per day) or if the diarrhoea is not improving after 10 days
- vomit frequently and seem unable to keep any fluids down
- show signs of dehydration like not going to the toilet much, dark yellow or brown wee, feel lightheaded or dizzy, have dry lips and mouth, sunken, darkened eyes
- have a bad stomach pain
- have any blood in their poo
- have green vomit
- are making you worried for any other reason.
- *If your child is very dehydrated and cannot keep any fluids down, they may need to be admitted to hospital to have fluids by a tube through the nose into the stomach (a nasogastric tube) or directly into a vein through a drip (intravenous or IV therapy).*

As always, call 000 in case of emergency.

Further info available

[https://www.rch.org.au/kidsinfo/fact\\_sheets/gastroenteritis\\_gastro/](https://www.rch.org.au/kidsinfo/fact_sheets/gastroenteritis_gastro/)

<https://www.betterhealth.vic.gov.au/health/conditionsandtreatments/gastroenteritis-in-children>

# Stop the spread of GASTRO



Stay home while unwell and do not return to work or school until no diarrhoea or vomiting for 48 hours.



Avoid preparing food for others for at least 24 hours if you have been sick.



Wash hands with soap and running water.



Wipe down surfaces.



## Gastroenteritis

Common symptoms include:



nausea



abdominal pain and cramps



vomiting



diarrhoea



fever



headache and overall weakness (in rare cases, the weakness can cause trouble breathing)

# Juniors

## ROOM 1

Room 1 have had a busy start to Term 3! The students have enjoyed continuing learning and revising letters and sounds in LLL sessions and have liked sharing their knowledge using the interactive screen. Room 1 really enjoyed cooking this week, making cinnamon donuts – yum!

As swimming has finished for the year we have started going out on Community Access. Everyone has done a super job being safe on the bus by getting their seatbelts put on properly and staying seated while we're driving around. Well done Room 1!

- Renee



Lottie



Charlotte



Roy

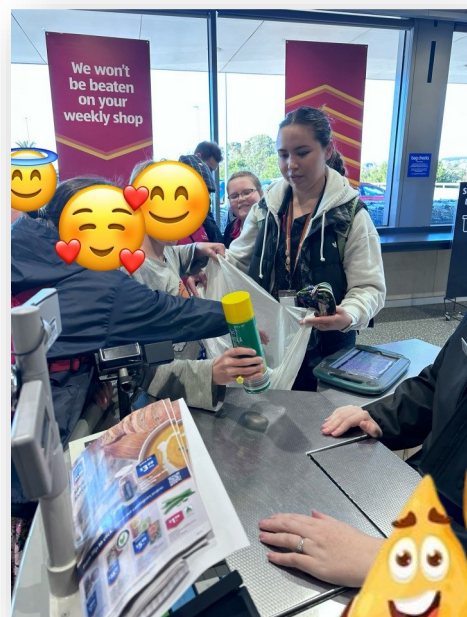
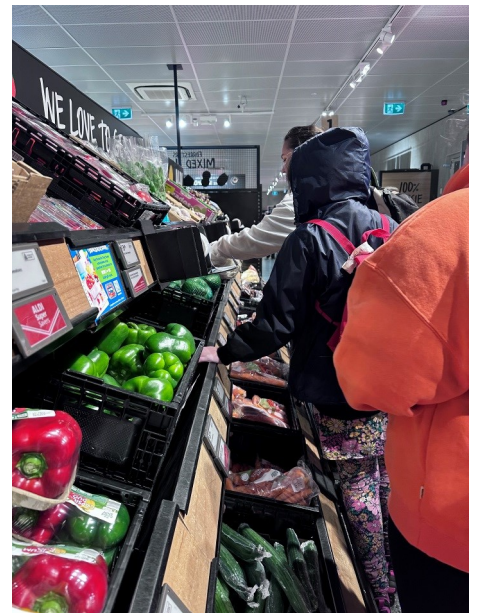


# MIDDLE SCHOOL

## ROOM 8

Room 8 had Community Access on Friday! We went to Aldi to buy the ingredients to make nachos for our cooking session next Tuesday. Each student had to find and purchase an item from their designated shopping list. Everyone demonstrated our school values of being **SAFE, RESPECTFUL LEARNERS** in the community. Amazing work, Room 8!

- Maira



# Student Work

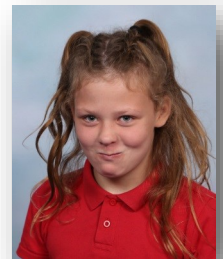
Room 19 students have been writing short stories based on pictures, letting their imaginations run wild. They are also typing up their stories and choosing a font. Great work everyone!



A ghost is scaring people. The ghost thinks it is fun to scare people. The people run because they are so scared.

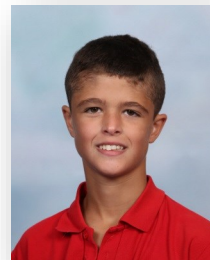
The ghost is happy.

By Zoey

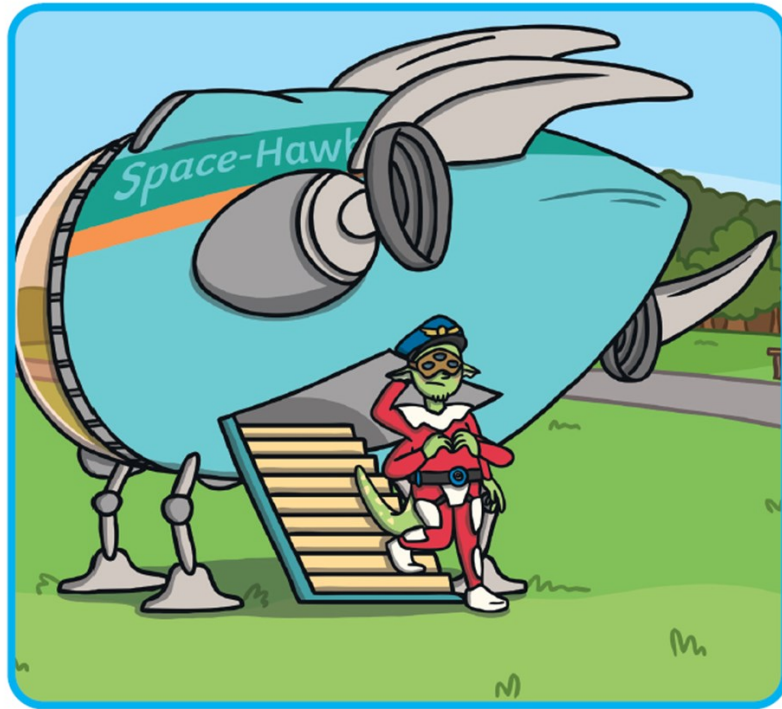


There is a very  
Spooky house with booby traps  
There is a forest in the area  
The forest hides mysteries  
And clues no one goes in...  
No one goes out

By Dean

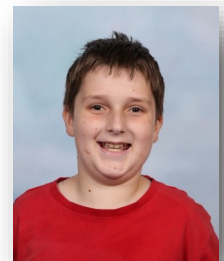


# Student Work



The alien looks weird. The alien is glowing. The alien looks mysterious. The space hawk is amazing. The space hawk is exciting. The alien looks futuristic because of his hat.

- Ben





# SENIORS

## GIPPSLAND GOODWILL GAMES



Senior School students participated in the inaugural Gippsland Goodwill Netball Gala.

They compete against 4 other schools which included Baringa School, East Gippsland Specialist School and Bass Coast Specialist School.

Students showed great team work and sportsmanship across the day ensuring that everyone was included.

A massive Thank you to Voyage Fitness for sponsoring the medal for the students.

Thank you to Active schools, Gippsports and Netball Victoria for supporting the running of the day.

- Ally



Maegan was very excited to receive her very first sports medal!



# GIPPSLAND GOODWILL GAMES



# School Garden Program

A big welcome back to the school garden! It may seem that nothing else grows in the winter but pesky weeds but if you look closely you'll see that there are shoots of lots of plants coming through. We have peas, leeks, red cabbage, bok choy and broad beans and the strawberries in the asparagus beds are sending out lots of runners which we will soon cut off and re-plant elsewhere.

Of course all the rain we have had has meant the weeds have had a field day sprouting up all over the place! It was still a bit on the cold and wet side when I did my Thursday visit so we kept warm and dry by keeping on top of the weeding in the greenhouse. When there was a break in the weather, the students once again got their muscles working shifting mulch into the garden – thanks guys!

It was nice to see that there have been some veggie seeds planted in the greenhouse and they are growing very well as is the lemon grass. Its leaves are now starting to die back which means it'll soon be ready to harvest and use in all our favourite Thai recipes – yum!

- Gail





# STUDENT Awards

## We are Safe, Respectful Learners!



**LOTTIE**

Being a **LEARNER** – doing her table work and excellent reading.



**ROY**

Being a **LEARNER** –doing his table work in the morning.



**HOLLIE**

Being **SAFE** with her friends on the yard.



**JACE**

Being a **LEARNER** - working hard on his activity box.



**JOLENE**

Being a **LEARNER** - settling in to room 4 and trying hard on her table work.



**MASON**

Being **RESPECTFUL** and always taking care of school equipment.



**JEMMA**

Being **RESPECTFUL** and always being kind to her friends.



**MADDIE**

Being a good **LEARNER** and working hard on her fingerspelling in our Auslan sessions.



**ZAC**

Being **SAFE** by walking to mum and dad's car with safe hands and feet



**VYOLET**

Being **RESPECTFUL** by following timers and taking turns



**EVIE**

**SAFELY** playing in the 1/2 yard and coming back inside when asked.



**MICHAEL**

Showing great improvement in sounding out when reading his reader with an adult.



**BEN**

Being a **RESPECTFUL LEARNER** with Mr Janssen when Helen was away and 'smashing out his work'.



**JORDAN**

Being a **LEARNER** and displaying some impressive netball skills this morning.



# STUDENT Awards

## We are Safe, Respectful Learners!



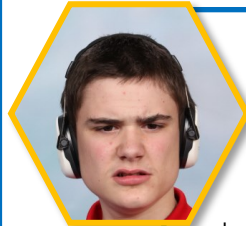
### ZOEY

Showing great improvement in sounding out when reading her reader with an adult. Well done learning her sounds and using them in her reading.



### EBONY

For her work on researching Huskies and Cats.



### ALEX

Being a **LEARNER** by listening to the sounds in words. You worked out if a particular sound was in the beginning, middle or end of a word. You also read a book to staff and asked for help if you didn't know the word.



### BRAYDEN

Being a **LEARNER** and completing lots of work this week, being respectful of others in class, working with new staff, managing changes, and completing his work.



### MICHAEL

Being a **RESPECTFUL LEARNER**. Michael is trying his best and learning the routines of his new class.



### LEVI

Being a courageous, **SAFE, RESPECTFUL LEARNER**, preparing and eating toast with honey and nutalex. Well done Levi!



### CHARLIE

Being a **SAFE, RESPECTFUL LEARNER**, listening to instructions when he goes swimming, splashing his legs, floating and having fun! Great work Charlie!



### JACKSON

Adjusting well to his new school and being a **SAFE, RESPECTFUL LEARNER**, listening to instructions and completing his maths and literacy work! Fantastic start Jackson!



AUSTRALIAN  
WATER  
ASSOCIATION

# NATIONAL WATER WEEK

Enter our  
National Water Week  
poster competition for  
your chance to win  
fantastic prizes!

## Prizes

- **School prize:** \$500 for a sustainability project or STEM resources
- **Student prizes:** \$100 & \$50 local gift vouchers + Gippsland Water prize packs

Upload entries online by 5pm  
Friday 6 September 2024.

[www.gippswater.com.au/nwwpostercompetition](http://www.gippswater.com.au/nwwpostercompetition)



Rose's winning poster from 2023



Gippsland  
Water

# \$10 REEL DEAL

CATCH IT FOR A STEAL

1 AUGUST - 7 AUGUST

CHRIS PRATT SAMUEL L. JACKSON

## THE GARFIELD MOVIE



ONLY IN CINEMAS  
MAY 24



DNEG

TICKETS  
ONLY  
**\$10**



TICKETS ON SALE NOW  
[PENINSULACINEMAS.COM.AU](http://PENINSULACINEMAS.COM.AU)



**L.I.F.E**

# THURSDAY AFTER SCHOOL

## FUN!

Social connections and opportunities for students! Great for students transitioning from school to adulthood!

When: Thursday's

3pm - 5pm weekly

Activities include:

cafe visits

nature walks

arts and crafts

sports and games

cooking

## CONTACT US TODAY

CINDY\_LIFE@OUTLOOK.COM OR 0499 440 780



Fabulously  
purposeful  
lives



Melba provides support to people with a disability, and actively encourages everyone to dream big, live large and lead fabulously, purposeful lives of their choosing. We collaborate with people to design and deliver support that celebrates their uniqueness and incorporates their personal goals.



## Home and living options

- > **Supported Independent Living (SIL)** – providing people with 24/7 support in their homes. Funded by the NDIS, this type of support is provided (double funded) when a person lives in an SDA (Specialist Disability Accommodation) built/renovated home. This may be an apartment, unit, townhouse, shared living or group home, that is built or designed to SDA requirements.
- > **Individualised Living Options (ILO)** – provides support for people to live the way that suits them. Supports may be 24/7 or a couple of hours a day. This may be in a self-funded home, a rental property or a home shared with other family members.

## Holidays and short breaks

- > Short Term Accommodation and Assistance (STAA) is commonly referred to as **respite**. It gives individuals and families the chance to enjoy a break in a supportive environment. Melba offers respite for adults and children.
- > Our **Leisure and Recreation Program** provides tailored holiday options for individuals. This ranges from day trips to overseas holidays.

## Individualised supports

Melba provides **one-to-one support for individuals** to fully participate in life, in whatever form or support activity they want. This could be furthering their life experiences, whether that be social, recreational, at home or in the community, or it may be skill development or vocational support.

## Community participation and inclusion

Melba provides group and individualised supports to access **meaningful community activities**, including **day services** options. Community participation and inclusion initiatives are co-designed, which means the person (this may include their advocate or loved ones) directs the thinking, planning and implementation of ideas and services to meet their goals and lifestyle.

## Positive behaviour support

Melba is a registered NDIS provider of positive behaviour support that specialises in providing support to people who use behaviours of protest.

Melba has been supporting people with complex behaviour support needs to live fabulous lives for 50 years.

## Contact us

1300 696 352

[melba@melbasupport.com.au](mailto:melba@melbasupport.com.au)

[@melba\\_support](https://www.facebook.com/melba_support) [@melbasupport](https://www.instagram.com/melbasupport)



Scan the QR or visit  
[melbasupport.com.au](https://melbasupport.com.au)

# SHADY CREEK FARM RETREAT

Disability services - NOW TAKING NEW PARTICIPANTS



Farm Retreat Respite stay



Community Access and Capacity Building services



Short Stay Accommodation



Support Independent Living



Gardening and Cleaning Services

**E: [info@shadycreekfarmretreat.com.au](mailto:info@shadycreekfarmretreat.com.au)**  
**M: 0424 246 401 OR 0475 755 104**